

M_o_R® Foundation - accredited training with exam



Purpose of the training

- understanding the essence of risk,
- getting familiar with tested pattern of proceeding with the risk,
- working out more effective way to react on threats and opportunities and as a result:
 - boosting quality of services and products delivered,
 - decreasing the amount of surprises,
 - more rational making decisions in organization ,
 - improving the efficiency of organization functioning,
 - increasing the value of portfolio, programme and project,
 - lepsza alokacja zasobów,
 - better resource allocation
 - Introducing cohesive mechanisms of steering, monitoring and controlling the risks in all organizational perspectives.



Benefits of completing the training

The M_o_R standard contains a number of strictly defined steps that show how to support making better decisions by properly understanding the risks and their impact on the project. During the training participants learn about risk management principles, learn proven risk management practices, can develop a more effective way to respond to threats and opportunities and, as a consequence, make rational decisions, thereby improving the efficiency of operations. Prepares for Foundation level certification.



Examination method

The participants receive vouchers, which are valid for 6 months, for online exam.

Having completed the training, the participant receives an e-mail with guidelines how to register on the exam. The date is determined directly with PeopleCert, with the use of participant's account.

Online exam is conducted in the presence of proctor – a person from PeopleCert, who connects remotely with training participant's desktop and observes the course of exam via Internet camera.

The person who takes the exam is obliged to show the place where he is going to write the exam to proctor via Internet camera. Proctor checks if there are not any other persons and study aids in the room.



Exam description

M_o_R Foundation exam

- exam duration 60 minutes
- 70 single choice questions
- Required 50%, 35 correct answers
- Closed book
- online version (with Proctor)



Expected Listener Preparation

Knowledge of basic concepts in risk management or completion of a project management course. Your own experience in risk management will be an important help. It is recommended to participate in the ZP-FP2 training or having basic knowledge in the field of PRINCE2® project management.

It can be conducted in Polish or English, depending on the agreement.

Authorized manual is not part of standard materials, it can be purchased in a Polish (electronic book) or in English (printed manual) language version. The exam is carried out on the last day of class.



Training Language

- Training: English
- Materials: English
- Exam: English

Training Includes

The training price includes:

- Accredited training materials
- Voucher for the MoR® Foundation online exam
- From February 1, 2022, also the authorized MoR® manual in the online version (as required by the vendor)

Additional options:

- Take2 re-sit exam repetition: PLN 200

Czas trwania

3 dni / 21 godzin

Training agenda

1. Introduction to risk management
 - Why is risk management important?
 - Genesis of knowledge about risk management
 - Basic concepts of methodology
2. Principles of risk management
 - Control of risk management status
 - Risk management maturity models
3. Approach to risk management
 - Risk management policy
 - Description of the risk management process
 - Risk management strategy
 - Register of risks and register of issues
4. Risk management process
 - Identifying risks and context
 - Risk assessment
 - Planning risk responses
 - Implementing risk responses
 - Communicating

5. Implementation and review of risk management

6. Organizational perspectives

- Strategic
- Of the Program
- Of the Project
- Operational

7. Exam